

## Upper Lane Cove Valley heritage bushwalk

An easy guided bushwalk in the Upper Lane Cove Valley on **Saturday 13 September 2025**. Bring and show your heritage or vintage bushwalking gear.

Picnic lunch at National Trust property Ahimsa in Cheltenham followed by heritage bushwalking equipment and memorabilia display and discussion.

This free activity is supported by the Friends of Ahimsa.

### About the walk

This free public transport accessible walk starts at Epping railway station and returns to Cheltenham railway station.

The walk starts at **10.30 am** from **Epping Station** (3.2 km & approx 1 hour) and finishes around 12.00 noon at Ahimsa, off Day Road at Cheltenham for BYO picnic lunch in the Hut of Happy Omen.

### Heritage bushwalking equipment display & discussion at Ahimsa

Lunch will be followed by a bushwalking equipment display and discussion from 1.30 pm to 3.30 pm at Ahimsa, a National Trust bushland property formerly owned by pioneering bushwalker Marie Byles.

The activity will finish at 3.30 with a 15 minute return walk to Cheltenham station.

### Walks Map

The Map 'Walking Tracks of the Lane Cove Valley - 1:10,000 scale maps' shows tracks in the area and is available from STEP Inc. at

<https://step.org.au/index.php/maps/walking-tracks-of-the-lane-cove-valley>

### Registration

Prior registration for the walks is essential by **Thursday 11 September 2025**. Please email [info@calli.com.au](mailto:info@calli.com.au) for inquiries and registration (including your name, email address and phone number). Details including starting location will be provided on registration.

Friends of Ahimsa is a committee of the National Trust of Australia (NSW).